

Evaluation of the organization and activities of the YE "Erasmus = eMpowering + partiCipation of youth in double (E=MC2)" from participants.

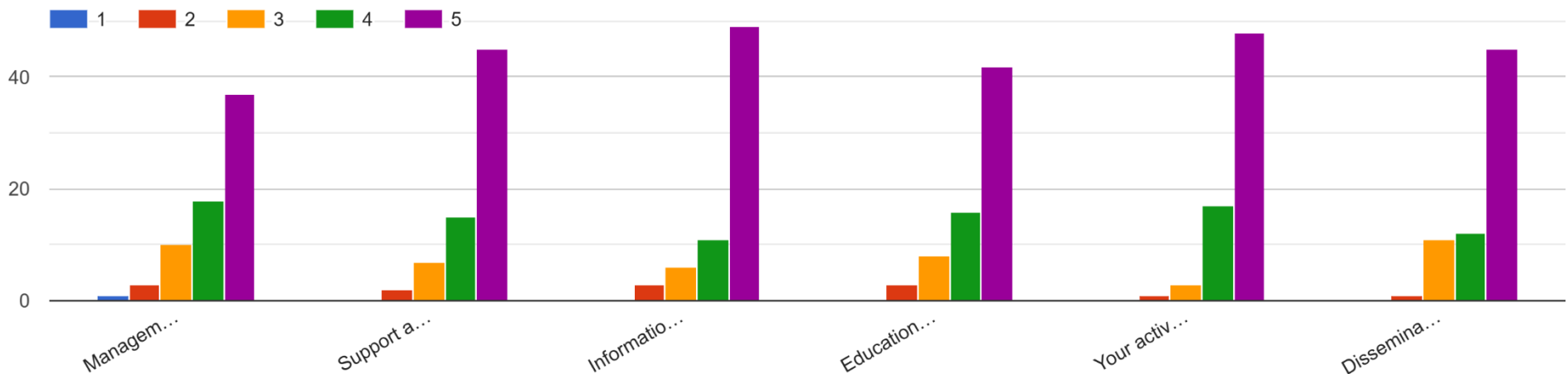
On the last day (on 8th of November) of our activities participants of the project answered online the following questionnaire.

We would like to have your opinion about our YE, that took place in PISSOURI, LIMASSOL, CYPRUS (HYLATIO TOURIST VILLAGE) regarding the overall training organization and the activities we had; educational, cultural and others.

The questionnaire is divided in five sections and we would like to gather your feedback because your opinion is important to us and will also help us to improve. This questionnaire is only for participants AND LEADERS in the training.

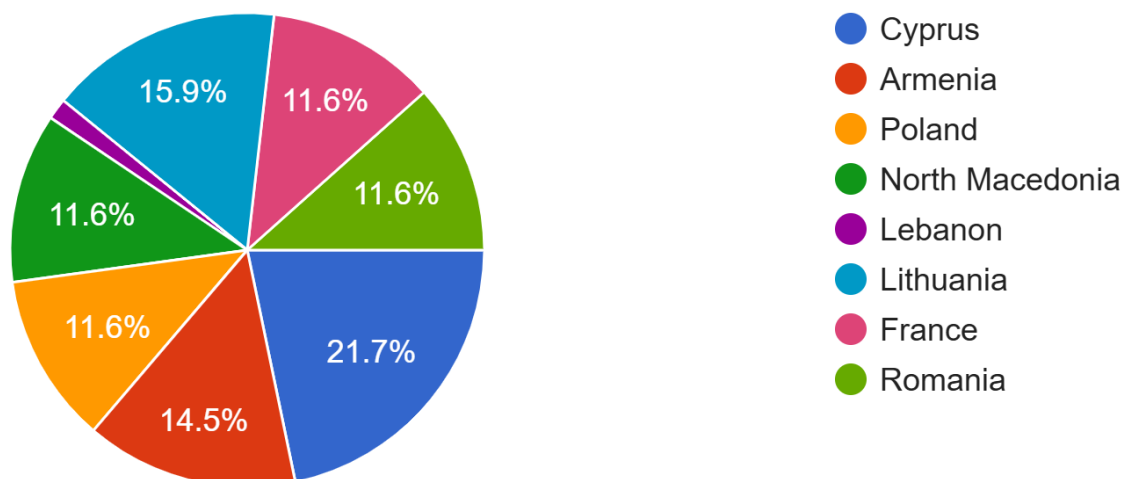
Management and Organisation Questions

The following questions are about the project's overall organization. Answers are from one to 5 where one is the very negative answer and 5 the very positive answer. With the following order: 1. Highly ...onse must be your personal opinion depending on your own experience.



Country

69 responses



Any comments about the activities?

Very fun and interesting
Very good activities and facilitators
They were nice but more directed for people from 16 to 18, at times I felt too old for some activities.
Activities are interesting, I working and enjoying
They were amazing, I achieved many experiences and new friends, but what is the most important, I increase my English skills
I liked all of the activities. They were fun and educational.
Maybe more sports activitied
Need more sport actives

Zajęcia pozwoliły rozwinąć kompetencje miękkie, wzrosły umiejętności komunikacyjne międzyludzkie, poznałam techniki relaksacji i pozbycia się nadmiernego stresu
I think that most of them were interesting and I have learnt a lot during them.
In general very fun, I enjoyed every single moment of the activities.
Some of them very actually boring, but they were good ones, for example the Monkey, Debates or Shit Sale stuff really liked them. I think there should be more informative/ mature activities for elder participants cause they were kind of bored

loved them all
/
Perfect
I really enjoyed the majority of the activities 🙌
The activities were interesting, and we learned a lot of things, we made a lot of new friends.
All the activities were amazing
It was quite boring. I am so sorry but it could be done two times faster if the organization were better.
some of them were too childish

I personally loved the interactive activities (debates, self-discovering, creative activities, energizers and so on)

I was really great, wow how it was managed after 2 projects already, I would more practical tips how to improve the communication formulation and not only focus on the active listening. All GOOD. The venue, connections and others are cool. Some activities I liked the most - the stress management tool and video creation.

Too many following activities, no time to really develop them or to really profit

It was very interesting and exciting.

They were very fun and interesting, it brought up topics that are not usually discussed.

Activities were great. It was funny and entertaining
I loved most of the activities, but some needed improvement (for example Debate between 2 person) and more tips about communication would be nice. :)

Amazing

Activities were so good I will share in my country to because they were so interesting

Great activities great facilitators

They were really unfolding and I was truly enjoying them.

Most of activities are for kids, and even 16-17 year old teenagers were getting bored. But not all of them, for example I liked "monkeys", the house where we were writing our feelings, the treasure hunt was the best.

They were quite good ones relevant to the topic and give some time to reflect on ourselves or explore us from other perspectives.

The time management a little was not so developed.

During the activities I felt myself safe, confident, comfortable with other participants and special thanks to Bobbie, Rana and Erma for playing a big role in it. Although there were some activities that could be presented better instead of with YouTube videos.

Really good activities, needed a bit more organisation I think

Some of them were a bit too boring

It was very interesting, exiting and educational

All the activities were well done and every facilitator did the best job he/she could. I loved every single activity (except the debate, but just because I don't like debating) and every single moment spent here.

Most of them were interesting, but there were also a few that were more boring

Nothing

They were entertaining

I liked activities, they were interesting

I liked all of them

All the activities were amazing and educative

It was great

There were many types of very developing activities

Any additional comments?

Everything was perfect

I am so grateful that I was here, hotel is amazing!

I will miss this project so much and I hope I will come again 🙏

We started to have better communication with those from other countries after doing mixed groups even when we had individual tasks
I want to stay more...

Anyway 7 days here were the best in my life, thanks a lot 💖

I have positive expression and impression

This was the best project that I have been in.

We have used learned some techniques of good communication not on activities, but through the internal communication/debating with our super active, mixed by culture and age group members - I loved it even though and the project allows me to learn a lot about such situations and how to manage them;

Amazing hosting place, environment, food, accommodation, even weather! Unforgettable.

Friendly and very interesting group

The whole project was very developing experience.

I had a lot of fun

I would suggest to be more understanding towards participants (it should go both ways of course) and mindful with words <33

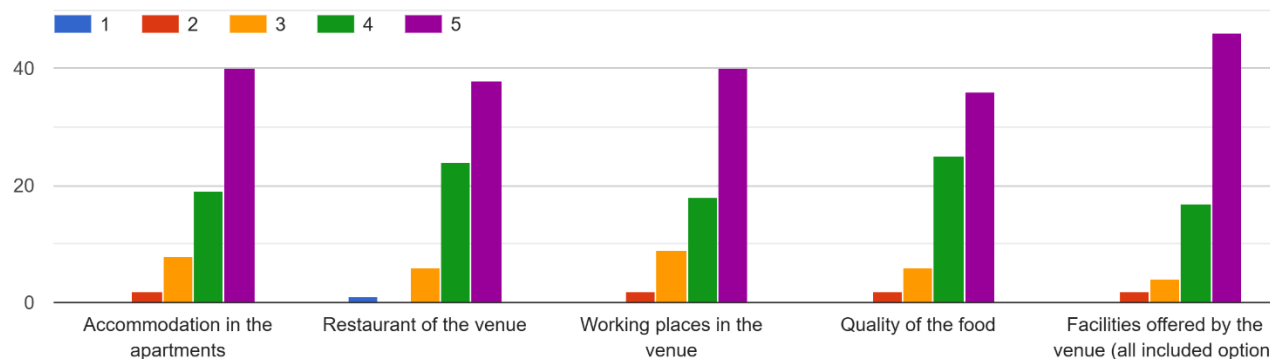
It was a very nice project, it would be even better if everyone was listening to others suggestions to improve the management of the project.

More trips to other's cities

Hosting, program, information, management everything was so good

Accommodation and Food of the Youth Exchange

Within your recent stay in HYLATIO TOURIST VILLAGE, PISSOURI, LIMASSOL, CYPRUS for the need of the training please rate your overall satisfaction with:



Anything that you want to mention in particular that will make us better about our future projects which have to do with the accommodation place and the food in the project

Everything was alright
 More trips to other cities
 If they can have some soups or not very dry food
 The food was good but the accommodation was bad because it wasn't clean
 It was perfect
 Not the same breakfast every day please.
 I'd love to see a bit more variety and different food every day, and also soup or porridge
 Everything was fine
 The food was good
 Organize the activity room in an other way so we can all hear, or go outside even for instructions.
 it is my pleasure to have participated in the project

More trips
 food,accommodation,clearing i love it such a beautiful organizing But id like to have soups and healthy food in restaurant to!
 The field bed was very uncomfortable, but forntunately I managed to get an extra mattress, but still it wasn't very pleasant to sleep on .
 Ants were also another great issue of our room (5-2). They literally have an highway on our walls and ceiling.
 the same breakfast every day is annoying.
 The food was nice, but the breakfasts could be changed at least in 2 days Accommodation was nice, with the bar (unlimited beverages)
 1. Cold food already half of what was intended for breakfast - 2. Broken blinds in the restaurant - it was impossible to cover the window and the sun was dazzling the eyes 3. Cappuccino coffee

For some intercultural nights, random guests were dancing with us - which might be strange, no bothers for me. Use microphone - as people at the end distracted by noise of hotel guests
 Working room not open to noices of other customers
 All was good
 I saw a lot of ants and small spiders in my bed and all around the room, except for the fact that our room got flooded, everything was great from the cleaners.
 Make your blowing mattress less blowed 😊
 they are tough to sleep
 Please don't make me sleep on the couch again. Thanks :DD
 For a whole week I only was eating potatoes, meat and greek salad, even though they are good when you eat them twice in a week, but

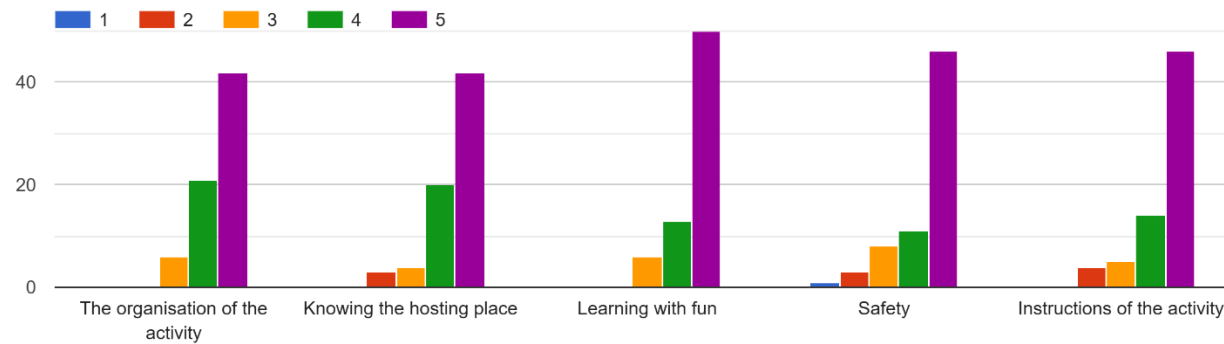
In my appartement, 5-2, there was ants but overall it was AMAZING
Place is good

- unacceptable 4. Very nice and helpful waiters and room service. 5. No refills of ice cream flavors - only banana left

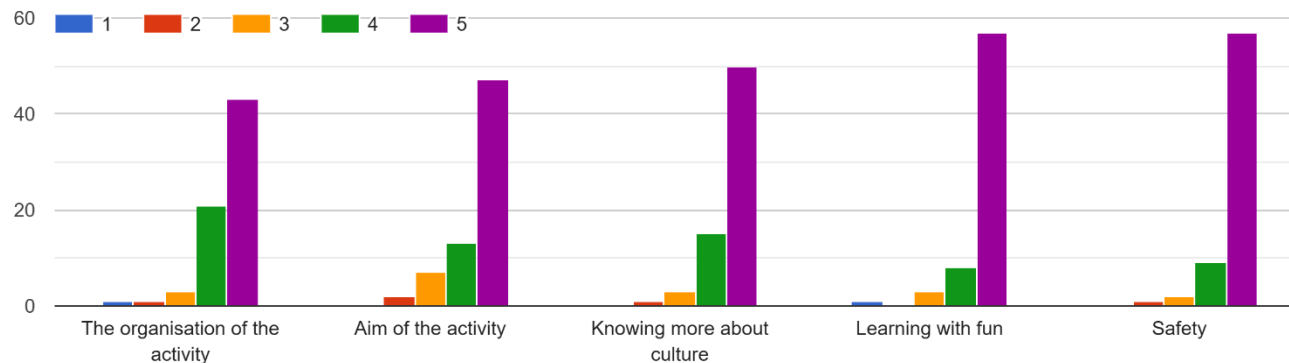
surely not good to eat for 7 days. About accommodation, our towels had been changed only 2 times during whole program.

Outside Activities

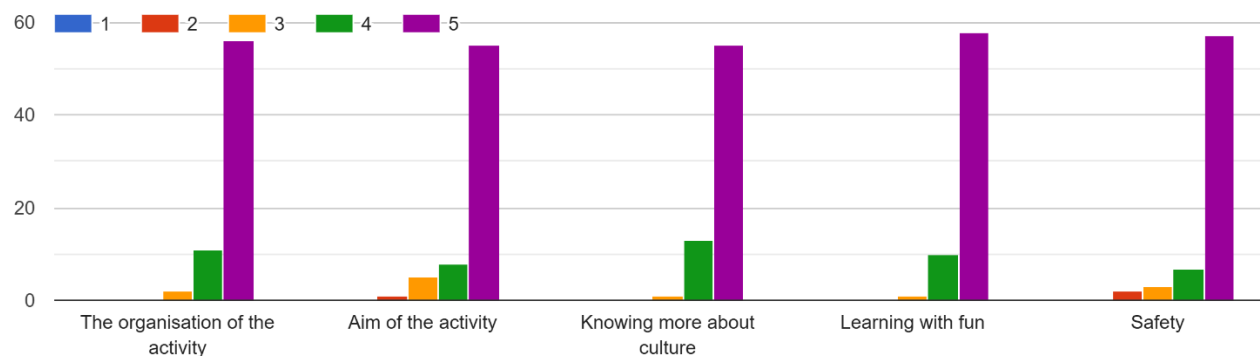
Ice Breaking Activity at Pissouri village (Tasks activity) (Saturday evening). How do you evaluate your personal involvement in the activity according to:



Tasks in Limassol (Tuesday). This was the day we dropped by Kourion as a cultural visit, as well as the tasks you had in Limassol. How do you evaluate your personal involvement in the activity according to:

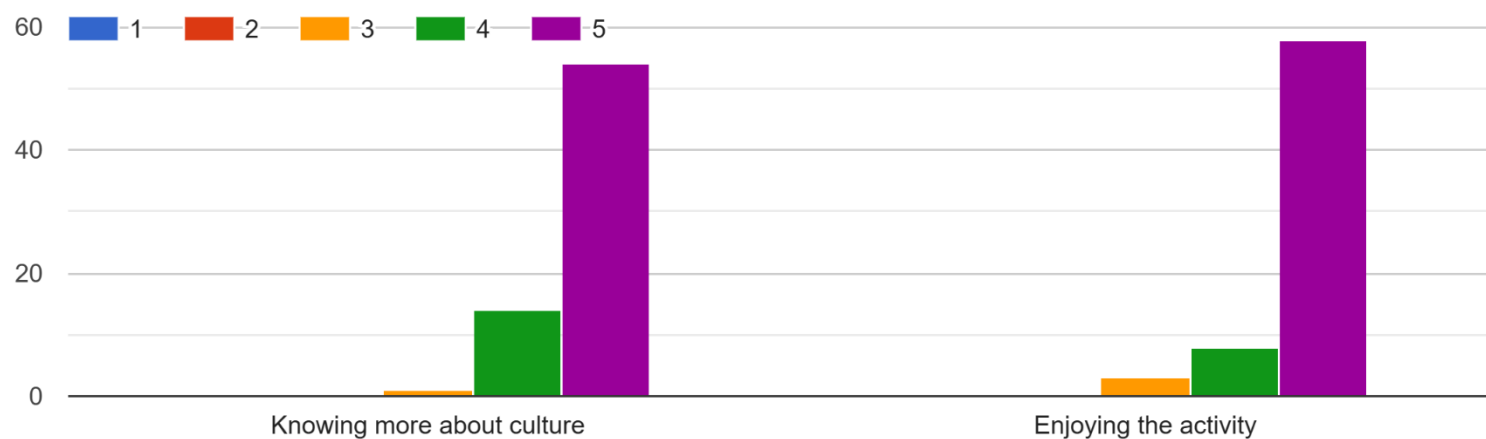


Cultural Visit in Limassol (Tuesday evening). This was the free time you had to explore Limassol after you completed the tasks. How do you evaluate your personal involvement in the activity according to:



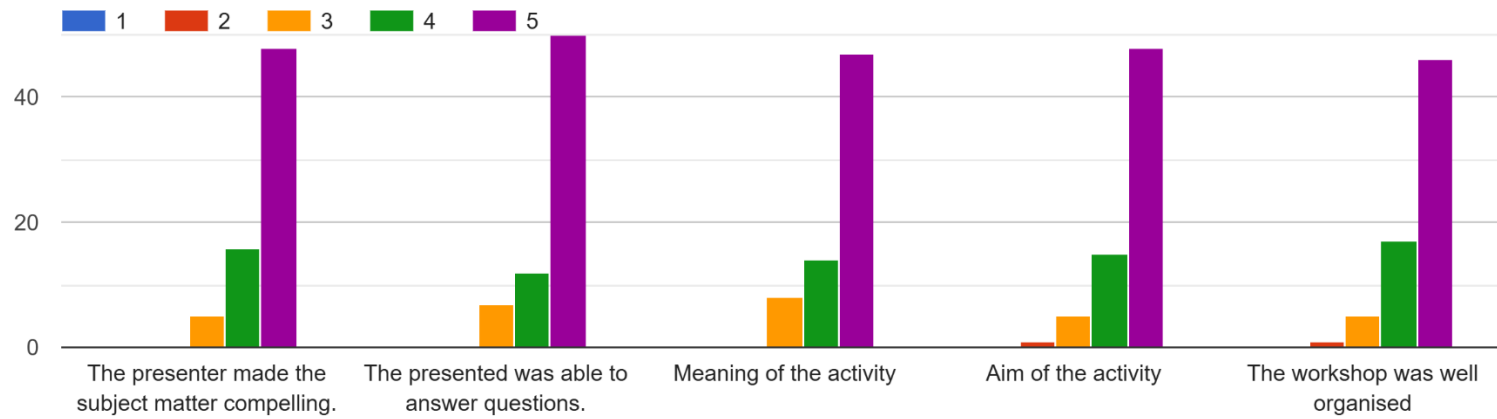
Intercultural/Night Activities

Intercultural nights: How do you evaluate your personal involvement in the activity according to:

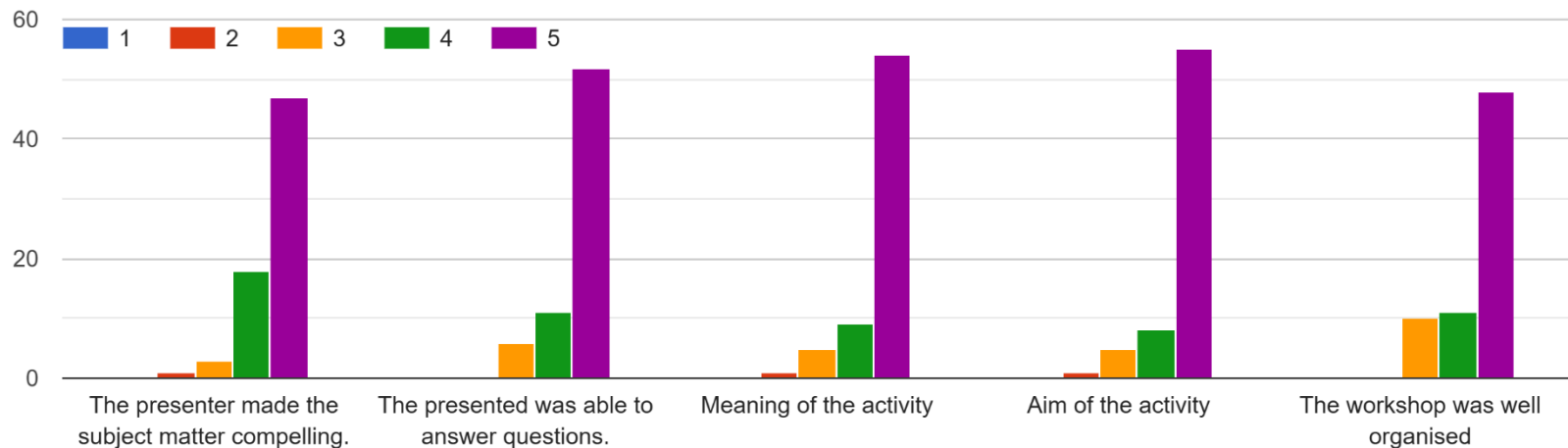


Non-Formal Educational Activities

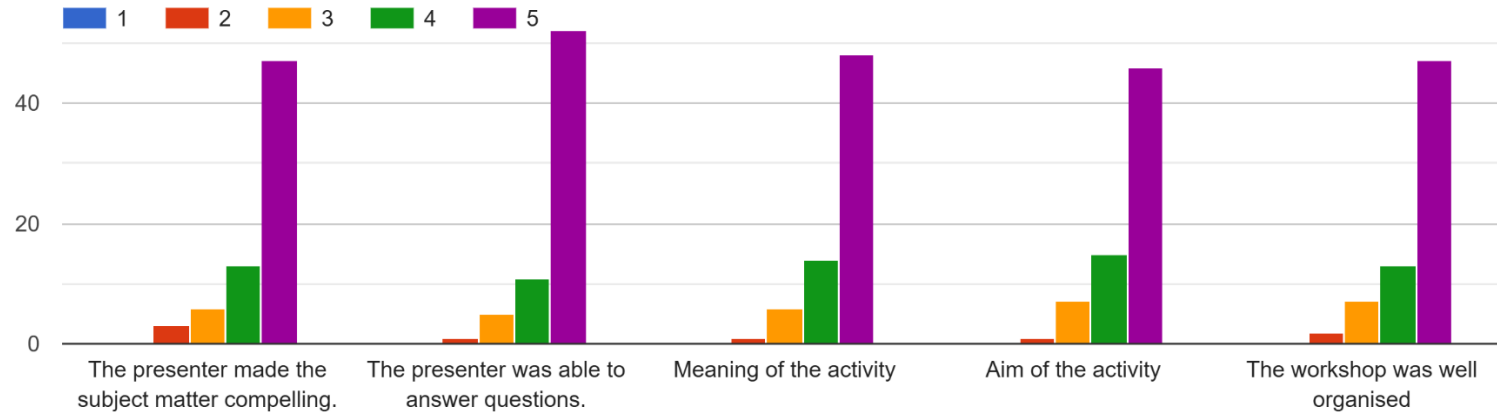
Icebreakers and Team building activities. (Saturday morning). These were the activities on the first day before lunch. We played different type of games in order to learn ...ther. Evaluate the activities according your expectations:



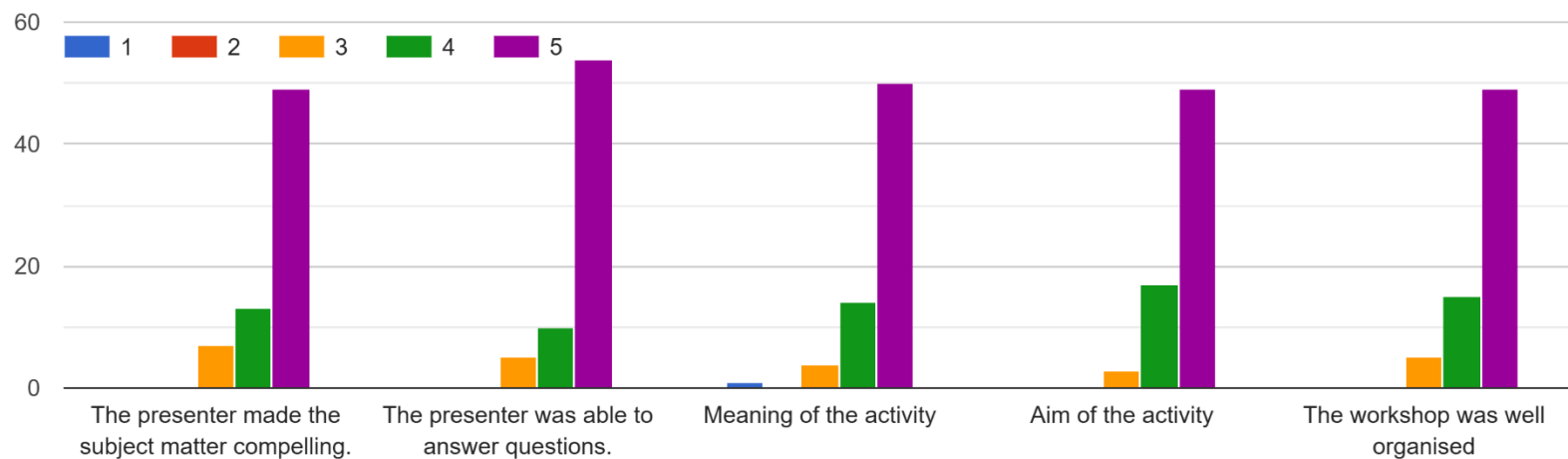
Energizer activities (Every day). Evaluate the activity according your expectations:



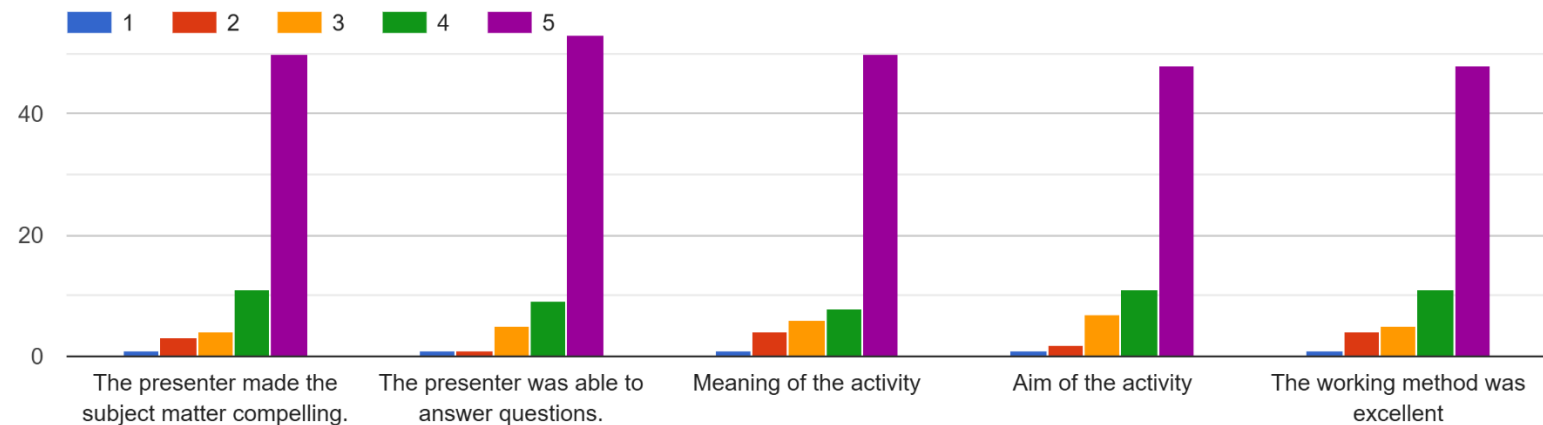
Fears, Expectations, Contributions backpack and face drawing activity (Saturday Morning). These was the activity where we shared our expectations of our project, ... music. Evaluate the activity according your expectations:



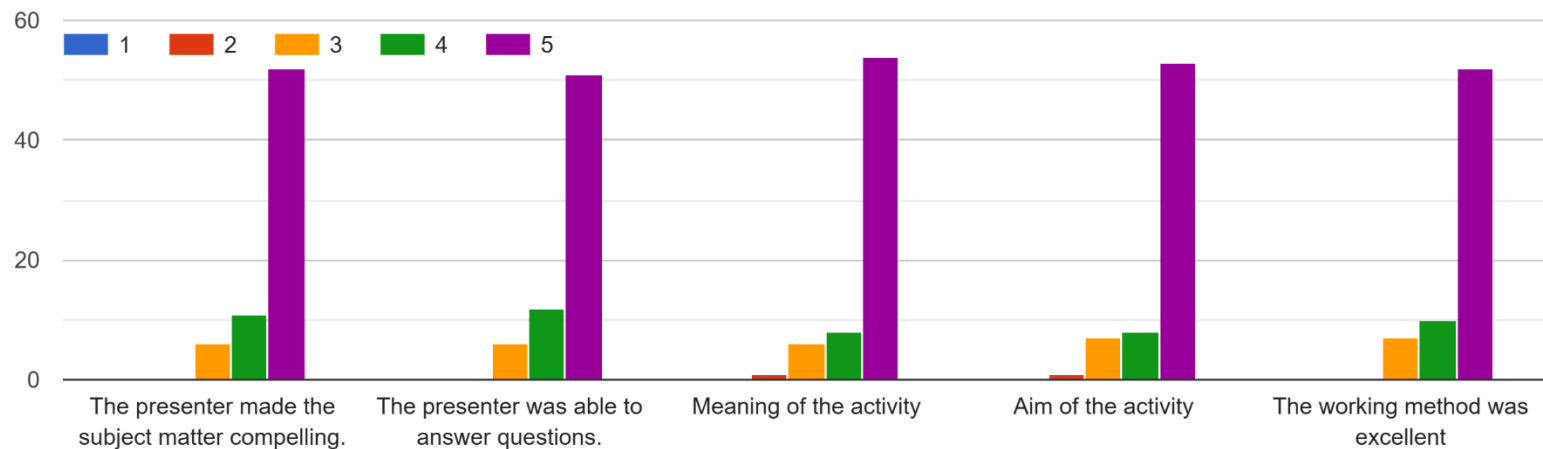
Youthpass 8 Key Competencies (Sunday Morning). This was the mixed group based activity, where we went around doing different mini-activities based on each competency. Evaluate the activity according your expectations:



Music-based communication (Sunday morning). This was the activity with guest-star Stathia, where using instruments we had a dialogue, in pairs vibed with the mu...ompts. Evaluate the activity according your expectations:



Active Listening (Sunday afternoon). This was the activity where, with chairs outside and pairs, had a dialogue with one another. Evaluate the activity according your expectations:



Draw My Life (Sunday afternoon). This was the activity, where we drew a timeline of our lives, noting key milestones. Evaluate the activity according your expectations:

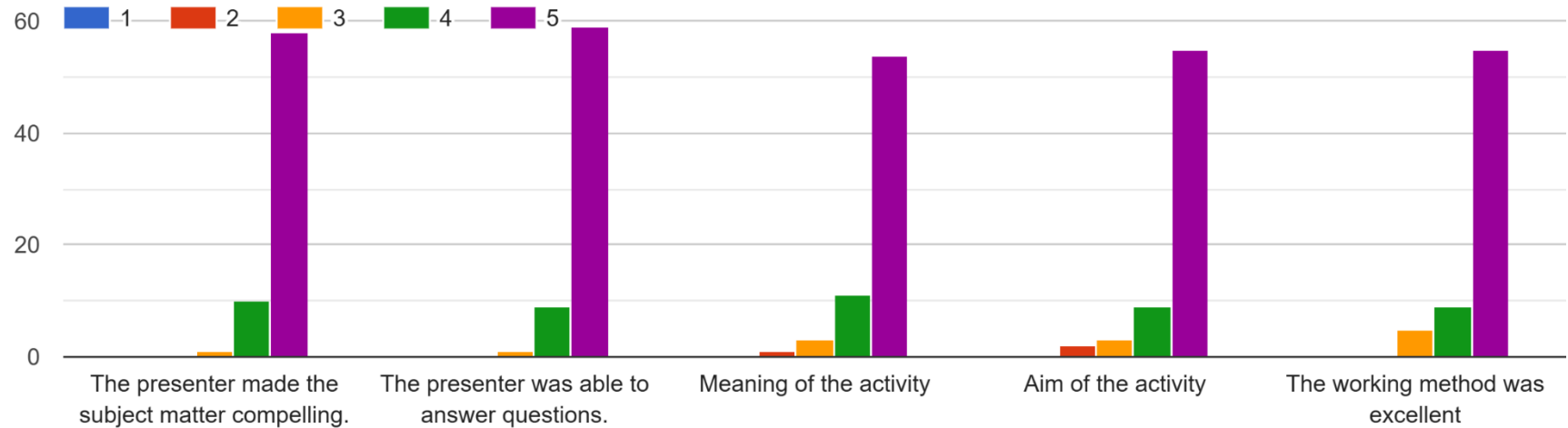
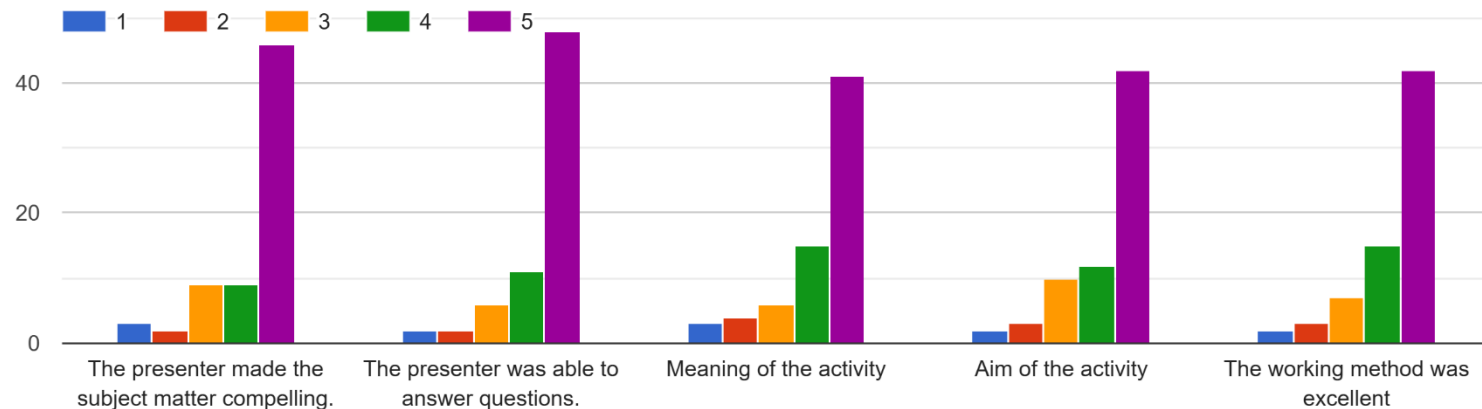
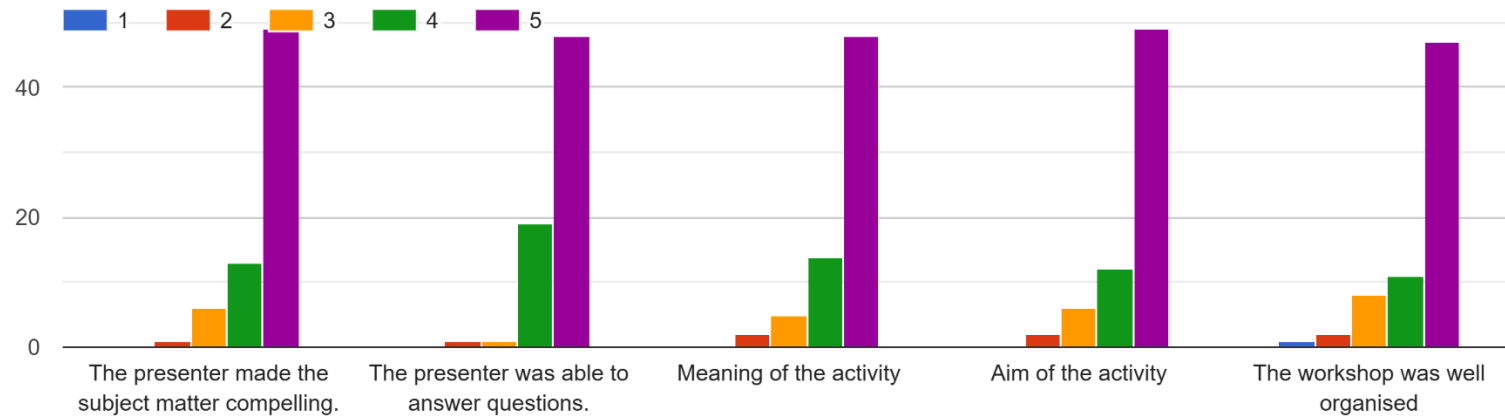


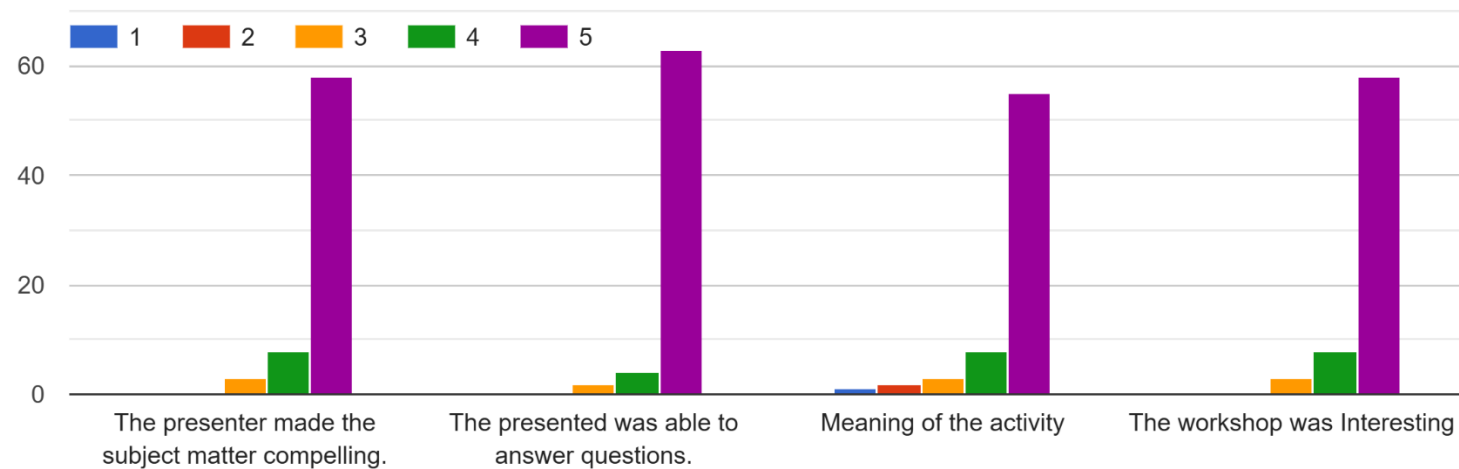
Image theatre (Monday morning). This was the activity, where in group, we communicated different shapes and concepts. Evaluate the activity according your expectations:



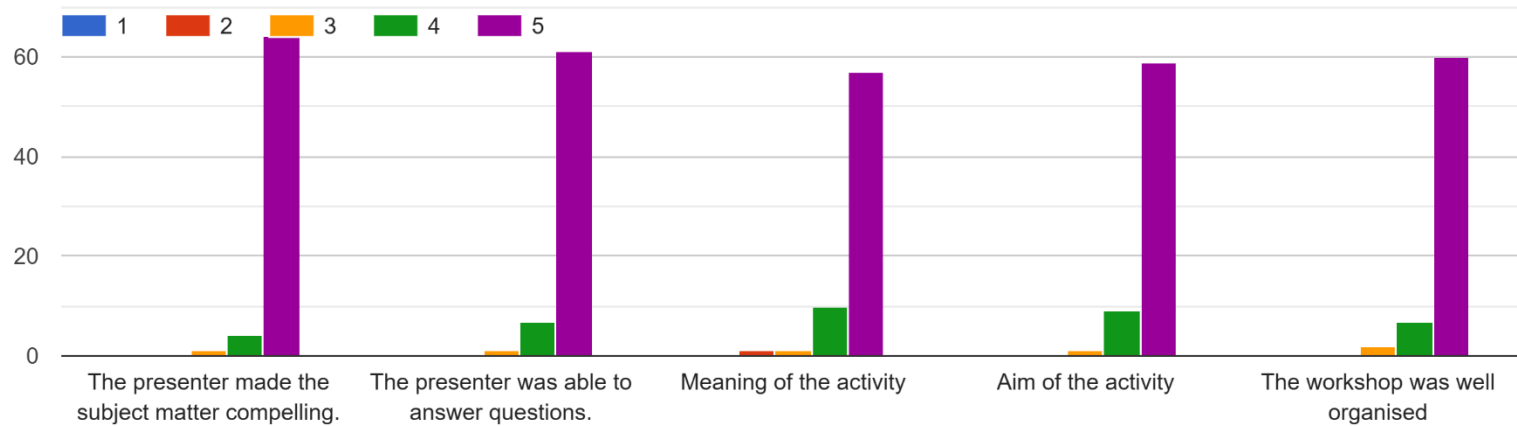
Take a step forward (Monday morning). This was the short activity in the grass where we took a step based on a given role in different social classes. Evaluate the activity according your expectations:



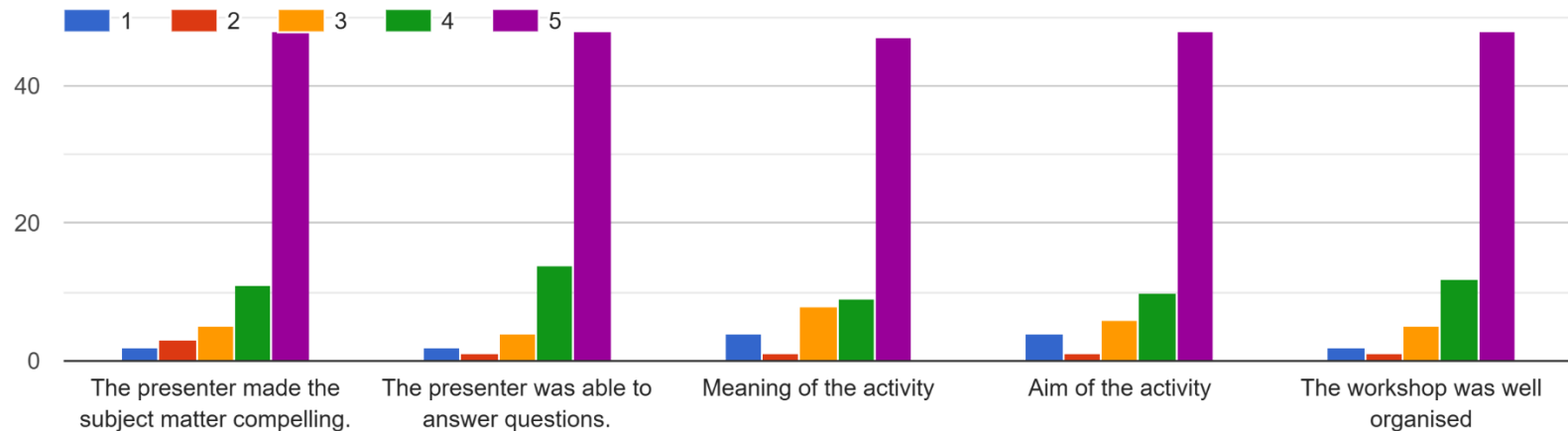
Mona Lisa (Monday morning). This was the activity where, in national groups, we drew and presented Mona Lisa based on our own cultural norm...value the activity according your expectations:



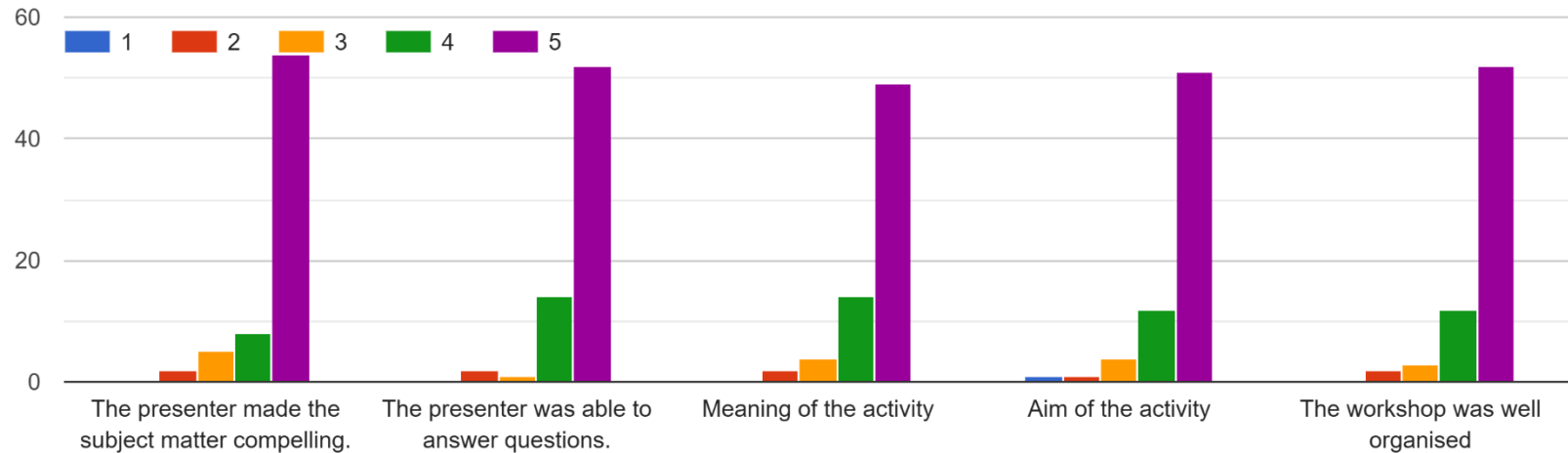
The Three Monkeys (Monday afternoon). This was the activity where, in trios, we attempted to plan a trip with visual, auditory or vocal limits. Evaluate the activity according your expectations:



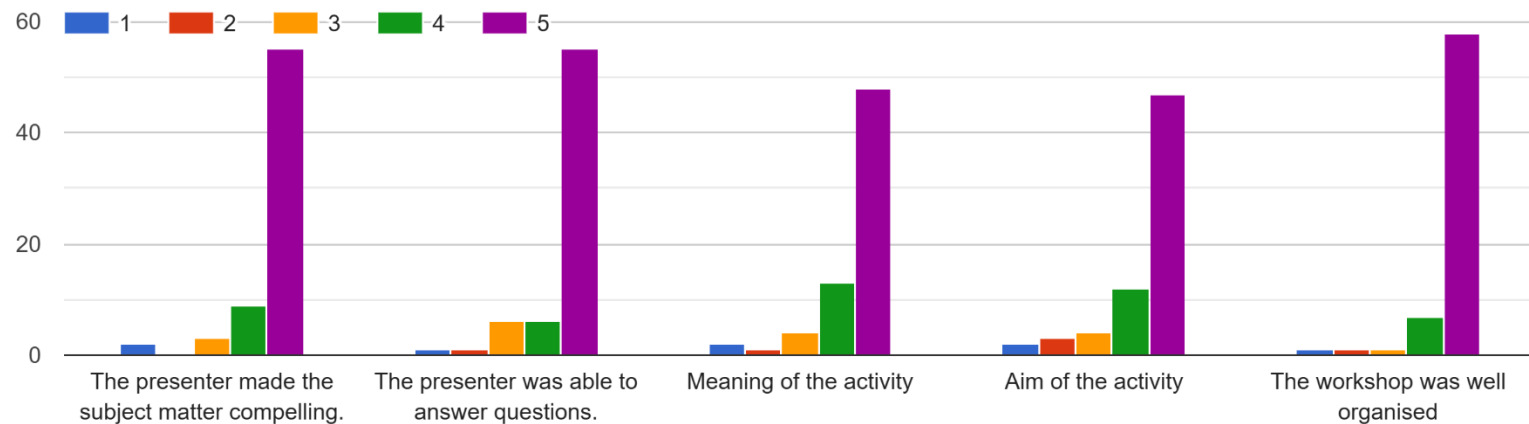
Being in someones shoes (Monday afternoon). This was the activity where we created new characters, based on our own names, ages, countries and ambitions, to create a... them. Evaluate the activity according your expectations:



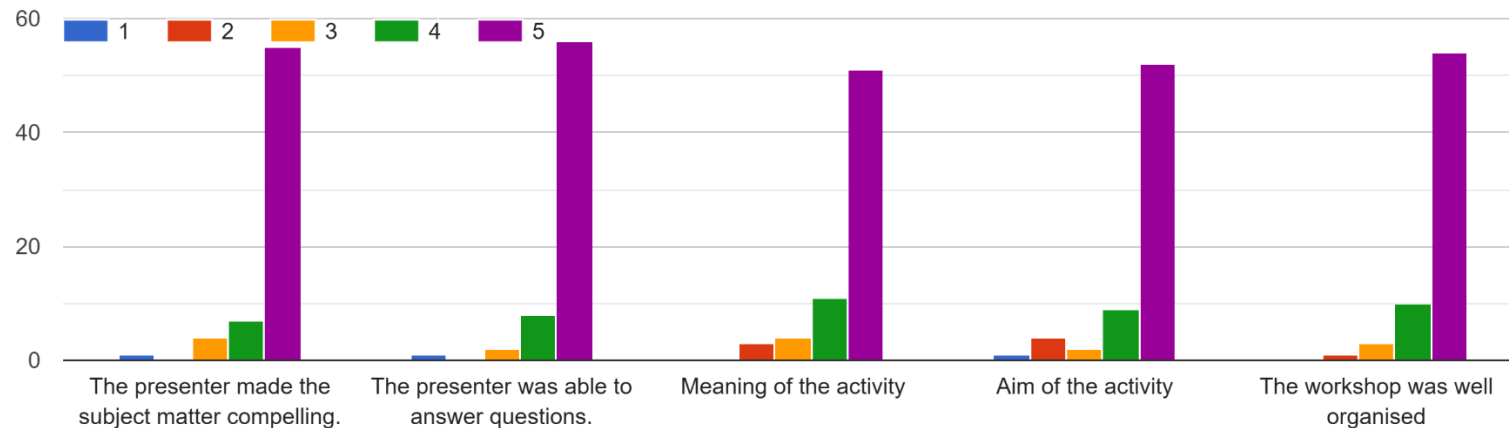
World-Café (Wednesday morning). This was the activity in mixed groups, based on stress, where in stations you added your ideas, concepts based on different factors of stress. Evaluate the activity according your expectations:



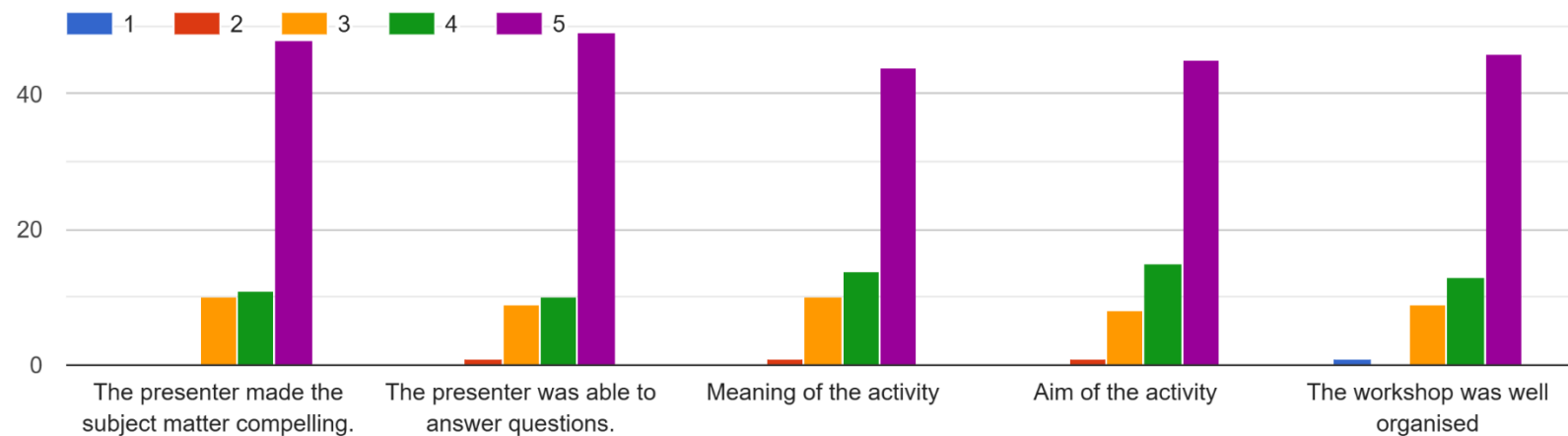
Mandala (Wednesday morning). This was the personal activity, where we drew in Mandala's as a method of calming stress. Evaluate the activity according your expectations:



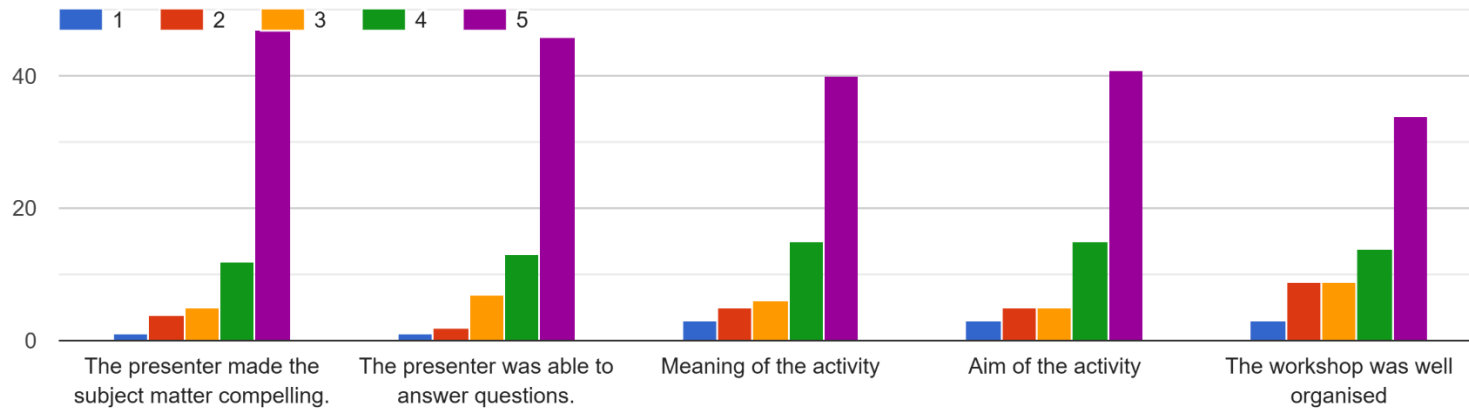
The House Metaphor (Wednesday afternoon). This was the activity, where we categorized our feelings based on levels or parts of a house. Evaluate the activity according your expectations:



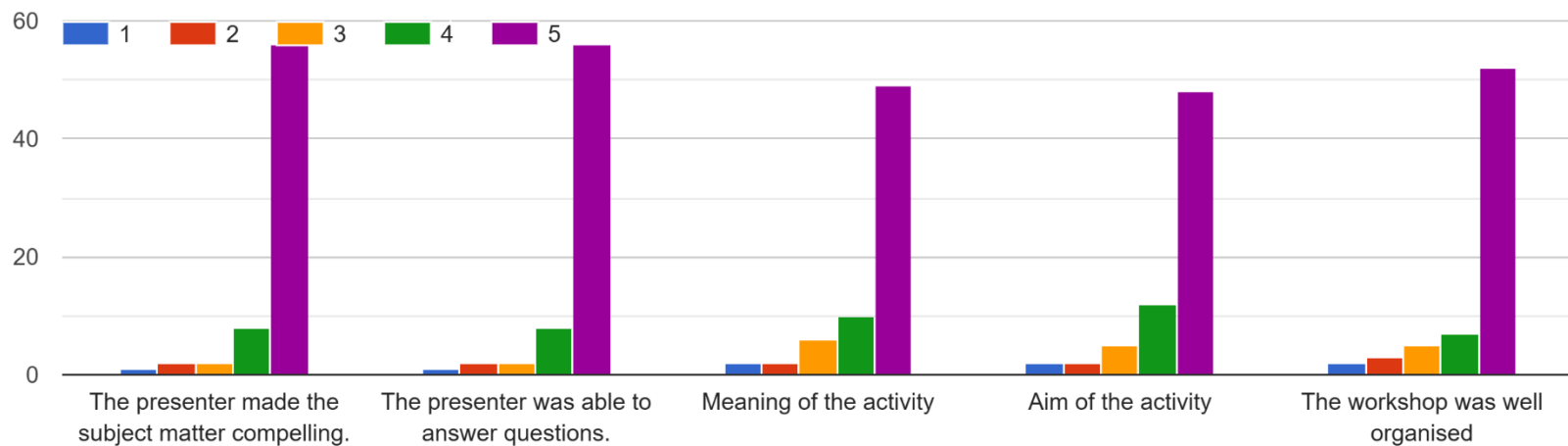
Countries' realities (Wednesday afternoon). This was the activity based on your homework before coming to the youth exchange. You presented organizations and practice...bout. Evaluate the activity according your expectations:



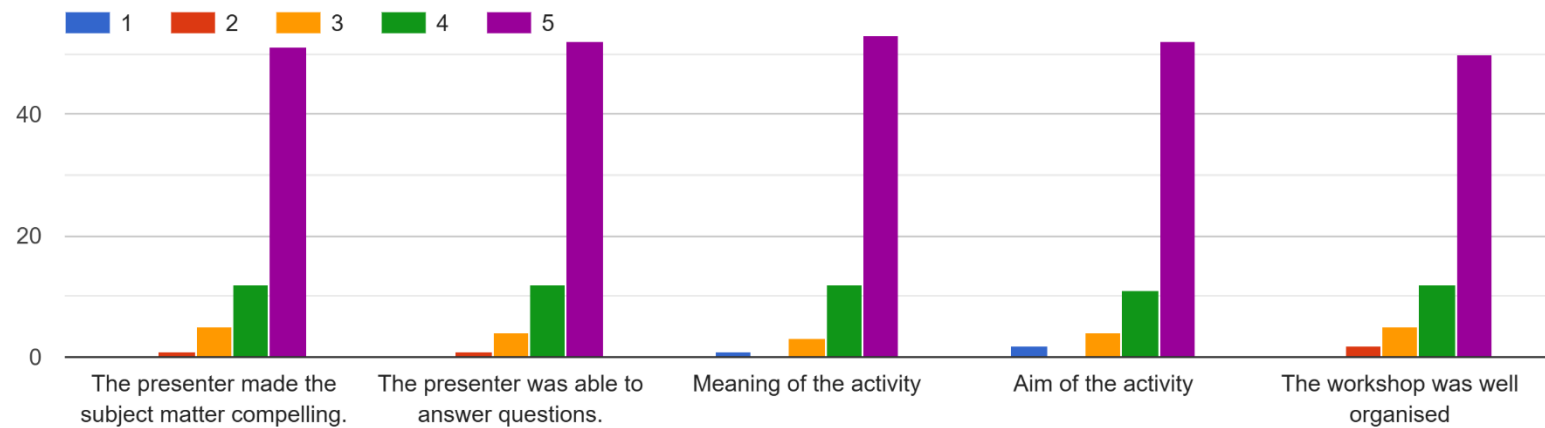
1v1 debate (Thursday morning). This was the activity where 2 big teams of 24, went against each other for debates on basic items or preferences. Evaluate the activity according your expectations:



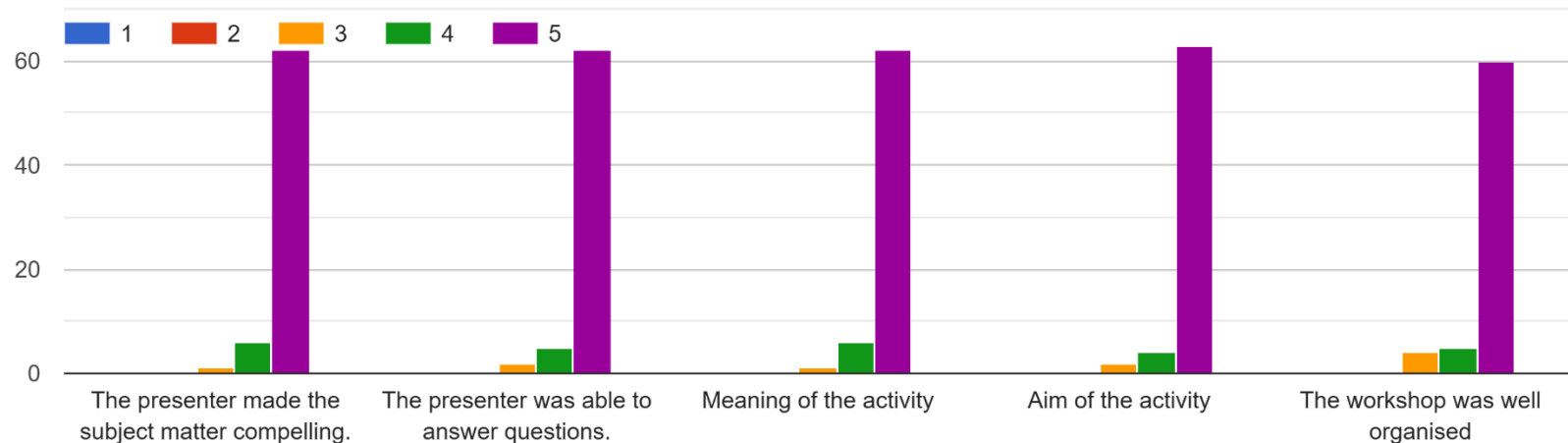
Bad Product - Good Advertising (Thursday morning). This was an activity based on communication of marketing. You purposely made a terrible product, and other groups at...ising. Evaluate the activity according your expectations:



Visibility and media campaign (Thursday evening + Friday morning). This was the activity where we made videos in order to share our learnings further, in 7 different lang...ptions. Evaluate the activities according your expectations:



Erasmus+ Opportunities (Friday morning). This was the activity where Bobbie spoke about all the different types of opportunities Erasmus / the European Commission offers. Evaluate the activities according your expectations:



General Questions

Write your emotional outcome for the organisation and implementation of the YE

I think i developed myself a lot and become more confident. I feel grateful for being here with this extraordinary people and i am happy that i got to learn so many new things. Happy, Integrated, safety, familiarity The organisation is very lovely and always ready to help. The program was also very well organised.

I felt great in this Erasmus and I discovered myself much better. Also, I feel like I became much confident and a better version of myself. I had lot of different emotions. I felt happiness, sadness, excitement, fear and so on. I am filled with joy and happiness I'm filled with happiness and good memories I felt great

The successful organization and implementation of the YE will inspire a renewed sense of unity and purpose across the team. I was very excited for it and I am thankful that I got the chance to go here happy

It was really good experience. I feel inspired and motivated.

I am a bit frustrated on how the organisation of the project went because I felt like sometimes miscommunication happened a lot and we struggled to understand each other, I probably took the project too seriously and in the end it wasn't needed. But all the ideas were very good, I just feel that we were too many ans out team too old for that or not in the same context (school) as others.

In total, the whole project was positive and I gained a lot from it (my personal experience). The accommodation, the team, participants were incredible. However, I felt enormous power distance between the participants and facilitators, felt like only us cared about the actual impact of the project, feedback receptivity was close to none, and the fact that focus of this project was on following the rules and not developing, helping, or impacting individuals.

i was and i am to excited about what's going on. i is my first experience and i am happy to be here.

Emotionally that was a bit stressing because being a lead and take responsibility for the participants wasn't that hard but still was energy-consuming. But as far as my team enjoyed the whole process and they are happy, so I find to this quite satisfied.

The time management was not so organized and needed more effort. Also the activities was not separated on the days, one day it was so hard and full of hard activities one day it was so kite activities .

Thank you very much for the huge amount of work put into preparing the project. The facilitators had a lot of patience, good will and their commitment was visible. They tried to explain everything in many ways if necessary. They were helpful in every matter. Friendly and kind. When I managed to eat lunch, I was served sandwiches ♥ THANK YOU. I will use the

Everything was great
Fun
i grew as a person!
yes
I learned a lot of things about communication, teamwork and creativity.
I felt to happy and excited
Happy
Infeel more connected internationally
It really helped me in a good way and i don't regret coming here, I made a lot of memories and i learned something new
The activities were really entertaining, i was realy suprised that we can learn something in a really short time.
I gained some new friends and skills and I am very happy about it
The organization was bad , we were to much loudly, a lot of misunderstanding, I couldn't understand some liders
very glad and grateful
It was nice, some parts needed more work but it was good. The communication between the participants was lacking a lot though.
For me, this project had a really big impact because it really helped me improve myself in many areas so i am greatful and happy about the outcome
grateful, happy and also i had the best roommate ever
I was exited and happy that i can learn something new and meet new friends

In this project I achieve a lot of languages skills, not only English, Sometimes I was stressed, but overall I was really happy and relaxed Happy of the opportunity to discover new cultures.

Happy and grateful for the new amazing people that i met

I truly enjoyed this project from the bottom of my heart. I am waiting forward to having a lot more experiences like this, at least as good as this one. I am very grateful for this wonderful opportunity and have never dreamed of it being as helpful, encouraging and self-imptoving.

I realised that I learned a lot of things and will apply it on the future. It was so valuable

The time management was too stressful. But finally we succeded to meet each other and to have friendly relationships

Friendship

Cause it was the first time I had an Erasmus project I had huge expectations and they are fully covered. I will always remember these days as the best week in my life, I am really full of emotions cause I have never had these kind of experience. The best part were the people and weather. If the weather wasn't these good I wouldn't had these kind of feelings. I will definitely participate in this kind of projects again

things we learned not only in my work but also in my private life.

For my first erasmus project I had an amazing time, and I feel for that very happy and satisfied I am a much better person than before

Everything was great, I enjoyed it because it was fun and engaging

It allowed me to develop a deeper sense of cultural connection and personal growth while communicating with people from different backgrounds. Willing to participate often!

High intensity and density .I would propose to consider lower both of them

I absolutely loved it especially the activities in diverse groups

very nice experience and opportunity to expand knowledge

Bardzo dobrze wpłynęło na moje samopoczucie, bez stresu, wzmocniło moje relacje międzyludzkie.

I am grateful

It was very funny and interesting. It gave me lots of new ideas, Inspiration, friends. This program made my heart to born motivation for participating in such programs.

Very nice, learned many things loved this project

It is pretty good if I understood the question correctly. It was much better than I've expected. Any awkward situations hadn't occured. I was really relaxed almost all the time even while not in exactly comfortable situation.

Organizing and implementing the YE initiative brings a sense of accomplishment, inspiration, and connection, fostering empathy and a stronger commitment to youth development. Witnessing positive change in participants boosts motivation for future projects, provides personal growth, and adds fulfillment from social impact. This journey nurtures gratitude and optimism, making the experience highly rewarding and enriching.

Overall, emotional outcome is positive (especially participants/accommodation), but there was a lot of pressure and stress sometimes. Also I don't think being late for one minute is worth putting a lot of unpleasant negative attention to the participant.

I have positive impression all activities

I felt Amazing, i was sometimes insecure, i was happy

Շնորհակալություն:

I feel grateful for participating on this project, I feel that I have grown as a person and believe that have emotionally bettered myself.

Happiness

I start more think about lot of thing such a communication,body language ,good energy and challenging with stress.I start learn a lot from every activity based on something i spend such a interesting and good time filled with new knowledge Thanks

Which activity had the maximum impact for you?

Stress management (mandala, house)
 The product one and debate or any other one that involves creativity
 Draw my life
 everything
 The House Metaphore
 The monkey game had the most impact on me, because even if I pay attention a lot to impaired people and how to help their life, I couldn't experience their life yet and it was a very good test for me.
 Video making
 art therapy "Draw my life"
 House methaphore
 Acitivity when we draw our whole life.
 Being in someone's shoes, I LOVE it :)
 The active listening exercise
 Active Listening Activity (Sunday afternoon)

Stress
 Energizers, Draw your life, Word café, last day
 The bad business idea
 Komunikacja oparta na muzyce, mandala, rysowanie twarzy,
 Visibility and media campaign
 The House Metaphor
 World Cafe is something that impacted me personally most.
 I really liked Treasure Hunt, Three Monkeys, Sale game and Debates I can't choose one.
 Culture nights
 World Cafe
 World cafe
 debate one for sure
 Probably cultural nights and activities in mixed groups. Cultural nights allowed us to explore different cultures and also feel pride of my own. Activities in mixed groups were forcing you to speak english and because I was able to overcome language barrier and other communication struggles easily.
 Draw Your Life and The House Metaphore

One of my favourites was 3 monkeys.
 When we draw our life
 Writting on paper o each others back on the last day
 House method that helped me to discover myself
 The world cafe
 Being in someone's shoes
 Activity about my self , because I have a time to think about everything - my values , my dreams and all that stuff
 debate
 Drawing my life
 I think all of them had different topics they worked on, and it's hard to say which one had the biggest impact, but i can say some of them, like: the monkeys game or the debate one
 the house metaphor
 Bad product-good advertising
 Bad product Good advertise
 The Three Monkeys and Bad product
 Being in someone's shoes
 The one in which we had to do The House Metaphor, because it made me go back in the past and then in present

Being in someones shoes
 Being in one's shoes
 Bad product presentation
 All of them!!
 yes
 and be grateful for how far I've come.
 The house metaphor was the best for me, I've remembered about the topics that I forgot about and that reminded me who am I
 I really liked the activities in which we could talk and think about our feelings
 Draw my life
 Draw your life
 Bad product - good advertising
 Active listening because it was very fun talking about eachothers challenges and explaining it better to eachother and relating to things.
 Visibility and media campaign
 Public speaking activities
 treasure hunt in Pissouri
 N/A
 Being in someones shoes, Draw my life, Mandala, World-Café
 Monkeys and sale game
 All of them are great

Which activity had the least impact for you?

Mandala Image theatre Mona Lisa Activity when we draw Mona Lisa Debate 1vs1 Take a step forward or the shitty product because I didn't like the reductive conclusion at the end of the activity. Bad Product - Good Advertising Mandala Image theater Characters in the grass None of them Debate 1x1 Debate 1v1 Music activity Probably Bad Product- Good advertisement. Activities with drawing, I find them boring Mona Lisa draw Yesterday all was	I started to remember all activities and i cant find single one which does not interest me every single one has some meaning and skill like team-leading skills,communication skills,challenging with stress skills,public speaking,fast decision making,calming mind and lot of other Bad product None I think it'll be the debates they literally do not have any impact on me. Bad Product, 1v1 debate, World café, Being in someone's shoes, Youthpass 8 Key Competencies mandala N/ A Debate Music therapy no such thing	1v1 1v1 debate Debate Mandalas but i liked it mandala, i just dont like them yes / Mona lisa drawing Pdick The 1v1 debate because I didn't felt involved Mandala the mandala NA Music activity and theater about zoo / bugs - it was like for kindergarden. I feel very unserious someone's shoe Music I think mandala, like i liked and enjoyed it but i think that was more individual and we could ve done that at home too debate The debate	Taking a Step forward The 1v1 debate, because it was too short. The activity put yourself into other's shoes, I didn't like actually that much. no such thing Dabate Draw your house 1vs1 debate Being in someones shoes, because I found it not useful. Mandala and house drawing Advertising products, because I already know the subject. Not quite sure all of then kind of left some impact draw your life Music-based communication The bas business activity was the one that worked the less on me, I didn't really get the point because I don't like the fact that we can sell everything if we want to, even if it's bad.
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You can add your thoughts and suggestions in this question about everything that will make us better.

Idea is great; hosting organisation made everything for participants to feel comfortable and provided everything we needed, but sometimes facilitator's focus on unimportant things instead of important felt not really good. NO

Less ants in rooms, very friendly hotel service. I really doesn't like the debate 1vs1 because some of the questions wasn't logical (for example sandals vs sneakers- it's logical that sneakers will win) and I think that's all I think the Hylatio Tourist Village should check the rooms more often because of insects (especially ants) and the comfort of beds. That's all, I LOVE the rest of the stuff :) I just want to thank every coordinator, teamleader, hotel staff and everybody who made this project become reality and take shape into what it turned out to be. Lots of love, appreciation and respect to all of you 🙏 alll gooooooood

More patience, less stress, more time to develop the activities, give us the possibility to manage our work instead of being informed at the last minute or drop by drop

Uważam, że zajęcia powinny zaczynać się od Energizer, a dopiero później top ten questions Thank you soo much for that time I am never gonna forget about it ❤️

I really loved it, especially the cultural nights, one suggestion I would have is fix up the apartment doors so it doesn't leak inside You're organized everything very well thank you I think I already spoke my mind in questions that went before. I really enjoyed this whole project in general.

do activities with music, make more activities for older ones to not get bored

I would recommend to use music more

Thank You ❤️

thank you rana bobbie erma nikolass!!!!

thank you fascilitators!!

I am grateful that I have the opportunity to participate in this project.

The place was sometimes a bit crowded by the visitors and the activity room wasn't big enough. But all was very great. <3

The fascilitators was very friendly and funny and the project is very interesting

Thank you for doing this project and having patience with us, such a great team and I had a great time.

I think everything was well organized, thanks for everything

The whole organization was wonderful.

Facilitators were all with wonderful energy

Reframing/restructuring in space/time the

activities in order to give more time at the

beginning of the project so that the participants

could know each others from the very

beginning. The work performed by the local

leaders was very impressive.